

Volleyball Injury Report Form

G-10

Event or Training: Place: Dates:

Name: Date:

Doctor: Mobile: 

NOTE: An injury is defined as any physical complaint sustained by a player during an event or during training prior to the match.

Injury location		Type of injury		Cause of injury			Severity			
Description	Code	Description	Code	Description	Code	Code 11: Contact with another athlete		Returned to game		Absence (Code)
						Yes a / b	No	Yes	No	

Definitions & Codes

Injury location - injured body part:

- Upper extremity*
 - 11. shoulder/clavicle
 - 12. upper arm
 - 13. elbow
 - 14. forearm
 - 15. wrist
 - 16. hand
 - 17. finger
 - 18. thumb
- Lower extremity*
 - 21. hip
 - 22. groin
 - 23. thigh (a: anterior/p: posterior)
 - 24. knee (m: medial/l: lateral)
 - 25. lower leg (a: anterior/p: posterior)
 - 26. Achilles tendon
 - 27. ankle (m: medial/l: lateral)
 - 28. foot/toe
- Head and trunk*
 - 1. face (incl. eye, ear, nose)
 - 2. head
 - 3. neck/cervical spine
 - 4. thoracic spine/upper back
 - 5. sternum/ribs
 - 6. lumbar spine/lower back
 - 7. abdomen
 - 8. pelvis/sacrum/buttock

Type of injury - diagnosis:

- 1. concussion (regardless of loss of consciousness)
- 2. fracture (traumatic)
- 3. stress fracture (overuse)
- 4. other bone injuries
- 5. dislocation, subluxation
- 6. tendon rupture
- 7. ligamentous rupture
- 8. sprain (injury of joint and/or ligaments)
- 9. lesion of meniscus or cartilage
- 10. strain/muscle rupture/ tear
- 11. contusion/ haematoma/bruise
- 12. tendinosis/tendinopathy
- 13. arthritis/synovitis/bursitis
- 14. fascitis/aponeurosis injury
- 15. impingement
- 16. laceration/abrasion/skin lesion
- 17. dental injury/broken tooth

Cause of injury | diagnosis:

- 18. nerve injury/spinal cord injury
- 19. muscle cramps or spasm
- 20. other
- 1. overuse (gradual onset)
- 2. overuse (sudden onset)
- 3. non-contact trauma
- 4. recurrence of previous injury
- 11. contact with another athlete:
 - a. same team
 - b. another team
- 12. contact: moving object (eg.ball)
- 13. contact: stagnant object (eg.net,post)
- 14. violation of rules (foul play)
- 21. field of play conditions
- 22. hall environmental conditions
- 23. equipment failure
- 24. other

Severity - expected duration of absence from training or competition (in days):

- 2: 2 days
- 7: 1 week
- 14: 2 weeks
- 21: 3 weeks
- 28: 4 weeks
- >30: more than 4 weeks
- >180:6 months or more

Signature Team Doctor: