


Volleyball Injury Report Form

G-10

Event or Training: Place: Dates:

Name: Date:

Doctor: Mobile: 

NOTE: An injury is defined as any physical complaint sustained by a player during an event or during training prior to the match.

Injury location		Type of injury		Cause of injury			Severity			
Description	Code	Description	Code	Description	Code	Code 11: Contact with another athlete		Returned to game		Absence (Code)
						Yes a / b	No	Yes	No	

Definitions & Codes

Injury location - injured body part:

- Head and trunk*
- face (incl. eye, ear, nose)
 - head
 - neck/cervical spine
 - thoracic spine/upper back
 - sternum/ribs
 - lumbar spine/lower back
 - abdomen
 - pelvis/sacrum/buttock

- Upper extremity*
- shoulder/clavicle
 - upper arm
 - elbow
 - forearm
 - wrist
 - hand
 - finger
 - thumb

- Lower extremity*
- hip
 - groin
 - thigh (a: anterior/p: posterior)
 - knee (m: medial/l: lateral)
 - lower leg (a: anterior/p: posterior)
 - Achilles tendon
 - ankle (m: medial/l: lateral)
 - foot/toe

Type of injury - diagnosis:

- concussion (regardless of loss of consciousness)
- fracture (traumatic)
- stress fracture (overuse)
- other bone injuries
- dislocation, subluxation
- tendon rupture
- ligamentous rupture
- sprain (injury of joint and/or ligaments)
- lesion of meniscus or cartilage
- strain/muscle rupture/ tear
- contusion/ haematoma/bruise
- tendinosis/tendinopathy
- arthritis/synovitis/bursitis
- fascitis/aponeurosis injury
- impingement
- laceration/abrasion/skin lesion
- dental injury/broken tooth

- nerve injury/spinal cord injury
- muscle cramps or spasm
- other

Cause of injury | diagnosis:

- overuse (gradual onset)
- overuse (sudden onset)
- non-contact trauma
- recurrence of previous injury
- contact with another athlete:
 - same team
 - another team
- contact: moving object (eg.ball)
- contact: stagnant object (eg.net,post)
- violation of rules (foul play)
- field of play conditions
- hall environmental conditions
- equipment failure
- other

Severity - expected duration of absence from training or competition (in days):

- 2 days
- 1 week
- 2 weeks
- 3 weeks
- 4 weeks
- more than 4 weeks
- 6 months or more

Signature Team Doctor: